



La Forchetta

Ristorante

ISLINGTON

Pizzeria

ANTIPASTI

Insalata ai funghi selvatici 5.50

Wild mushrooms sautéed with olive oil & garlic served with parmesan & crispy bacon on a bed of spinach

Insalata di asparagi e salmone 6.50

Wild asparagus, scotch smoked salmon, cream cheese & balsamic dressing

Parmigiana di melanzane ... 6.00

Oven baked aubergine with tomato sauce, mozzarella, parmesan & fresh basil

Calamari fritti con alghe 6.70

Deep fried squid with tartar sauce sorrento lemon & sea weed dust

Carpaccio di manzo la forchetta 7.80

Fillet of beef with balsamic & rosemary dressing, truffle oil parmesan & rocket

Crostone ciliegino 3.95

Homemade bruschetta with cherry tomatoes, garlic, basil & extra virgin olive oil

Prosciutto e melone 6.90

Parma ham served with melon

Burrata con caviale di melanzana 6.50

Creamy mozzarella with aubergine caviar & extra virgin olive oil

Cozze al limone e pepe nero.... 6.70

Mussels with garlic black pepper white wine & lemon

Tagliere di salumi 8.90

Mix cured italian meat served with bruschetta

Duetto di capesante e gamberoni..... 8.90

King scallops & king prawns with garlic & lemon sauce

Minestrone di verdure 6.00

Garlic bread 4.50

Olives 3.50

Focaccia bread 4.50

Ravioloni all astce 12.95

Homemade ravioli filled with lobster meat, mascarpone cheese & lobster bisque

Risotto ai funghi porcini 11.95

Arborio rice with porcini mushrooms & white truffle essence

Tagliatelle al ragu di manzo..... 9.95

Homemade tagliatelle with scotch beef fillet ragu & parmesan shavings

Spaghetti alla carbonara..... 9.55

Spaghetti with organic eggs crispy pancetta & cream sauce

Tagliatelle al salmone e caviale 11.50

Tagliatelle with spring onions, smoked salmon & black caviar

Ravioli crema e funghi prataioli 10.95

Homemade ravioli filled with ricotta & spinach with mushrooms & cream sauce

Tagliolini benny 19.95

Homemade tagliolini with irish lobster & cherry tomatoes

Tagliolini con capesante e granchio 13.50

Homemade tagliolini with king scallops, crab, asparagus & white wine sauce

Penne primavera 9.95

Penne pasta with courgettes, peas, mix peppers, broccoli mozzarella & tomatoes sauce

Risotto costa smeralda..... 12.95

Risotto with king scallops, mussels, clams, squid, prawns, langustine & chilly

Spaghetti alle vongol veraci 12.90

Spaghetti with fresh clams, garlic, chilly and white wine sauce

Linguine marenostrom 13.95

Linguine pasta with mussels, clams prawns, squid, saffron & cherry tomatoes

Penne alla amatriciana 9.55

Penne pasta with crispy pancetta, parmesan cheese & tomato sauce

Linguina alla puttanesca di tonno 13.95

Linguine pasta with capers, black olives fresh tuna, chilly & tomato sauce



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MAIN COURSE

Pollo stella mccartney 13.95

Baked rolled breast of chicken filled with aubergine & smoked mozzarella & cream sauce

Milanese la forchetta..... 14.95

Duch escalope of veal coated in breadcrumbs served with rocket & parmesan cheese

Misto di carne ai ferri 15.95

Mix grilled meat, sausage, lamb, chicken, beef medallion served with homemade focaccia

Galletto ruspante al forno 14.95

Roast corn feed baby chicken with rosemary, sage, garlic, & white wine sauce

Tagliata di manzo..... 16.95

Rib eye steak served with bernaise sauce & h& cut chips

Astice alla griglia 23.95

Grilled lobster with rocket & mediterranean dressing

Filetti di pollo montese..... 12.95

Pan fried fillets of chicken with wild mushrooms pinot grigio & cream sauce

Costolette di agnello..... 16.95

Charcoaled lamb cutlets with herbs & chianti wine sauce

Salmone giulio cesare 13.95

Grilled fillet of salmon with prawns in a br&y cream sauce

Branzino agli asparagi..... 15.95

Grilled seabass with asparagus, cherry tomatoes & lemon sauce

Gamberoni reali del pacifico . 15.95

King prawns sautéed with garlic, chilly lemon & artichoke dip

Branzino alla griglia 19.95

Whole grilled sea bass served with lemon dressing and green mixed salad

Bistecca fiorentina 19.95

Grilled t-bone with lemon dressing, served with roasted potatoes and rosemary

Tonno scottato 14.95

Seared blue fin tuna tranche in a poppy seed crust with cannellini bean, red onion & soya sauce

PIZZE TRADIZIONALI

Marinara 6.50

Tomato, garlic & oregano

Margherita 7.00

Mozzarella, tomato & basil

Capricciosa 8.50

Tomato, mozzarella, artichoke, ham, egg & basil

Quattro stagioni..... 9.95

Mozzarella, tomato, mushroom, basil, italian sausage, artichoke & olives

Quattro formaggi 10.50

Four cheeses pizza

Benny 10.95

Mozzarella di bufala, parma ham, basil, rocket & cherry tomatoes

Emigrante..... 10.95

Tomato, mozzarella, ricotta, parma ham, cherry tomatoes, rocket & basil

Siciliana 9.00

Mozzarella, tomato, aubergine, spicy salami & basil

Calzone 9.95

Folded pizza with mozzarella, ham, spicy salami & tomato on top

Diavola..... 9.00

Mozzarella, tomato, spicy salami & basil

Vegetariana 8.95

Mozzarella, tomato, courgettes, aubergine mushroom & basil

Salsiccia e friarielli..... 10.25

Friarielli broccoli, mozzarella & italian sausage

Americana..... 10.50

Tomato, mozzarella, spicy salami, mix peppers & chilly

Fiorentina 10.50

Tomato, mozzarella, egg, spinach & basil



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INSALATE

Ortaggi arrostiti con caprino  9.50

Roasted vegetables marinated in olive oil with grilled goats cheese

Insalata nizzarda 9.95

Mix salad with grilled tuna, boiled egg, asparagus, boiled potatoes tomato & onion

Insalata di pollo 9.95

Mix salad with grilled chicken, parmesan shavings, capers & lemon dressing

Insalata di pomodori di tropea  4.50

Vine tomatoes with basil, oregano red onion & extra virgin olive oil


Insalata di spinaci e pancetta 8.50

Baby spinach, avocado & pancetta salad, parmesan & cherry tomatoes

Insalata mista  5.50

Mix salad

SIDES

Spinaci saltati all olio  2.50

Sautéed spinach with garlic

Asparagi al vapore  2.60

Steamed asparagus with butter

Broccoli al burro  2.50

Steamed broccoli with butter

Zucchine fritte  2.50

Deep fried courgettes

Patate novelle bollite  2.40

Boiled new potatoes

Patate novelle al rosmarino  2.40

Roasted potatoes with rosemary

Funghi saltati in padella  2.20

Sautéed cup mushroom

Patate fritte  3.00

Deep fried potato chips

Fagiolini saltati all'aglio  2.50

Sautéed green beans with garlic & Chilly

DESSERT



Tiramisu 5.95

Homemade traditional tiramisu

Profiteroles 5.95

Homemade profiteroles with cream & chocolate

Cheesecake 5.95

Homemade cheesecake with blueberry sauce

Torta al cioccolato 5.95

Chocolate tart with a scoop of vanilla ice cream

Panna cotta alla sambuca 5.95

Sambuca pannacotta with yoghurt & mix berries

Semifreddo all'amaretto 4.95

Amaretto semifreddo with cappuccino cream

Selezione di formaggi 9.50

Selection of fine cheeses

DRINKS

SOFT DRINKS

Coca cola 2.95

Diet coke 2.95

Coke zero 2.95

Sprite 2.95

Fresh orange juice 3.80

Apple / pineapple / cranberry juice 2.75

Still / sparkling water 3.50

COCKTAILS

Aperol spritz 5.95

Campari spritz 5.95

Prosecco kir royale 6.95

Cosmopolitan 6.00

Martini cocktail 6.00

Negroni 6.50

Mojito 6.00

HOT DRINKS

Espresso 2.50

Double espresso 2.90

White or black 2.50

Latte 3.00

Cappuccino 2.90

Hot chocolate 3.00

Fresh mint tea 3.75



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